



A&K PRODUCTION



WOMEN AND ROADS. THE WAY TO YOURSELF. Mallorca

Directors: Kristina Kretova & Anna Kameneva

Technical specifications:

Year: 2023

Country: Spain

Running time: 57 minutes

44 seconds

Genre: documentary

Language: English

Subtitles: English

Sound: stereo

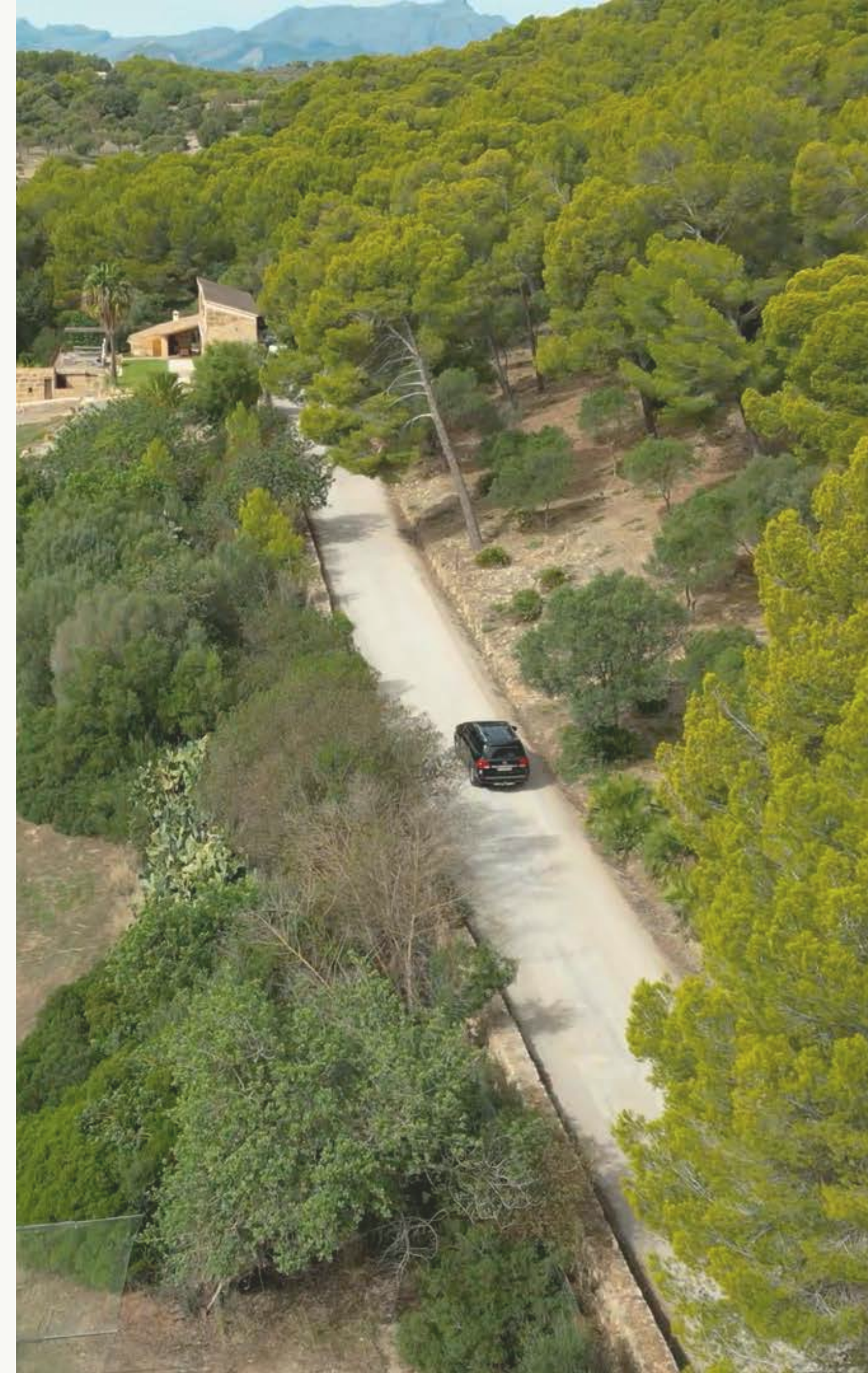
Exhibition format:

FullHD

Aspect ratio: 16:9

Frame rate: 25fps

Color



Plot summary:

Three women Russian and Ukranian origine in one car travel around the island with a camera in search of real stories. There are 24 heroines in their film. Women from 20 countries come to one beautiful island to live, to create and to love. Their journey gives hope that all difficulties can be overcome, and there is a place on earth where people from different cultures, nationalities, religions can find themselves. Mallorca is like the big and kind heart of the world.

7 days on the road, more than 1000 km, interesting meetings, important life questions and sincere answers to them.



Directors' biography:

Kristina Kretova

Kristina Kretova was born in 1981 in Leningrad. She writes books-bestsellers for children and teenagers, which are included in the lists of libraries and become prize winners.

In 2021, Kristina Kretova published the book «Antifragile: women in the history of Russia», the continuation of the idea of which was partly a film-rally, shot together with Anna Kameneva about the women of the Baikal region. Thus the project «Women and roads. The way to yourself» was born.

In 2022 the directors shot a film already on Ladoga. And in 2023 filming took place in Uzbekistan.



Directors' biography:

Anna Kameneva

Anna Kameneva was also born in 1981 in Leningrad. In 2004 she graduated from the Faculty of Philology of SPbSU, after she received a second higher education at the Faculty of Law of SPbSU. For 10 years she managed a magazine, while in parallel doing business, including PR and event. 3 years ago she returned to songwriting & directing videos for children.

In 2021, together with Kristina, she filmed her first documentary «Women and Roads. Way to yourself. Baikal» and founded eponymous joint project and A&K Production company.

Both directors live and work in Russia, Spain, Israel and UAE.



Directors' statements:

Kristina Kretova:

The shooting of the film gave us an amazing sense of community of women from absolutely all corners of the planet, the feeling that everything has already been and will still be in everyone's life.

In the knowledge of the world and other people, we get to know ourselves, allow ourselves to live, make mistakes and be ourselves.



Directors' statements:

Anna Kameneva:



Through the diversity of women's faces and their destinies, as well as through the dynamics of road travel, we reveal the diversity and beauty of our planet.

When Kristina and I were filming our first film on Lake Baikal, our synergy in working on the project itself led to a decision - the film has two directors who mutually understand and complement each other. This, in part, continues the good intentions and goals of our films.

In the process of filming, I "fell in love" with each of our heroines, "admired" each filming location, savored every moment of the trip and work. Real people and their stories. But realism can also be different. And this is the choice of the director, which facet of our diverse and largely imperfect world to show and highlight in his film. Kristina and I chose inspiration, the beauty of the human soul, but honest, without embellishment. Because of this, our films are "alive", they give ground for reflection, they even give someone hope and faith in their abilities."

Film crew:

- ◆ **AUTHORS OF THE IDEA:** Kristina Kretova, Anna Kameneva
- ◆ **PRODUCERS AND DIRECTORS:** Anna Kameneva, Kristina Kretova
- ◆ **THE SCRIPT:** Kristina Kretova, Kseniya Efremova
- ◆ **CAMERAMEN:** Anna Kameneva, Evgenia Tkachenko, Vasiliy Ezjalkin, Oleh Olshanskyi, Iliya Jarnikov
- ◆ **EDITING DIRECTORS:** Maria Stratan, Anton Efremov
- ◆ **MOTION DESIGN:** Aleksey Sushin
- ◆ **MUSIC:** Anna Kameneva, Bilonda, Elena Nosova

In the film starred:

Kristina Kretova, Anna Kameneva, Marina Petrichenko, Evgenia Tkachenko, Ayuna Kanatkalieva, Line Bank, Irene Peukes, Julia Mander, Lilli Hill, Lorraine Xamena, Natalia Xamena, Maria Baro, Stacey, Bilonda, Larisa Maltseva, Terrie Riley, Laurie Pearsall, Yannick Vu (Jakober), Kate Mentink, Felicity Von Enden, Felicitas Ronning, Carin Saracco, Estefania Gonsalvo Guirado, Paula Amengual, Monica Macrescu, Sureymis Tapanes, Elena Nosova, Florencia Gonzalez, Dina Bryant, Amanda

The project's first film won prizes and received nominations at international travel and film festivals in the United States, Turkey, Cyprus, Mexico, Russia and other countries.

«Women and roads. The way to yourself. Baikal» was released in February 2023, first in the cinema, then on big online platforms, and was shown on TV channel in Russia.



A&K Production представляет фильм
Кристины Кретовой и Анны Каменевой



Авторы идеи КРИСТИНА КРЕТОВА АННА КАМЕНЕВА режиссеры АННА КАМЕНЕВА КРИСТИНА КРЕТОВА продюсеры КРИСТИНА КРЕТОВА АННА КАМЕНЕВА сценарий КРИСТИНА КРЕТОВА КСЕНИЯ ЕФРЕМОВА операторы РОМАН ЕГОРОВ РОМАН ПАЛЬЧЕНКОВ ВАЛЕРИЙ МАЙОРОВ монтаж АНТОН ЕФРЕМОВ композитор АННА КАМЕНЕВА

womenandroads.ru

Film stills



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